



If you feel unwell during classes



NOTIFY THE SUPERVISOR

If you feel unwell during classes, showing symptoms typical of COVID-19* disease, notify the teacher immediately. You will be sent to your current place of residence.



RETURN TO YOUR CURRENT PLACE OF RESIDENCE

Return to your current place of residence, avoiding public transport – by foot, bicycle or your own car/taxi.



CONTACT YOUR PCP

Contact your primary care physician immediately and follow his guidelines.



ARE YOU LIVING IN A DORMITORY?

Please provide information on your current state of health to the head of the Student Campus akademiki@gumed.edu.pl, your year's supervisor and dean's office, specific to your programme of studies.

If you need someone to do your shopping you can contact:

- Erasmus students involved in the 'Buddy' programme
- Students from Erasmus IFMSA-Poland Gdańsk via e-mail erasmus@gdansk.ifmsa.pl
- English Division students via Welcome Centre welcome@gumed.edu.pl

*most common symptoms of COVID-19 disease: cough, fever above 37,5°C, shortness of breath, losing taste or smell

If you have been diagnosed with COVID-19 or have had a contact* with a person infected with a SARS- CoV-2 virus and **you are not living in the MUG dormitory**



NOTIFY THE OHS, YEAR'S SUPERVISOR AND DEAN'S OFFICE

Please provide the information on the SARS-CoV-2 test result to the OHS**
bhp@gumed.edu.pl
tel. no. +48 500 668 554,
year's supervisor and dean's office,
specific to your programme.



FOLLOW THE DSES GUIDELINES

Read and follow the guidelines of the District Sanitary Epidemiological Station.



www.gov.pl/web/koronawirus/pomorskie2



FILL OUT THE DECLARATION

Fill out the declaration of being in isolation (sample form available in Extranet).



SUBMIT THE DECLARATION TO THE OHS, YEAR'S SUPERVISOR AND DEAN'S OFFICE

Submit the completed and signed declaration to the OHS**
bhp@gumed.edu.pl
tel. no. +48 500 668 554,
year's supervisor and dean's office,
specific to your study programme

*In the case where appropriate safety measures, such as covering your nose and mouth and/or keeping safe distance, were not taken

**please remember that the employees of the Occupational Health and Safety and Fire Protection Unit are not medical professionals, do not decide whether or not you should take part in classes, are not an intermediary between you and your class supervisor

If you have been diagnosed with COVID-19 or have had contact* with a person infected with the SARS-CoV-2 virus and live in the MUG dormitory



NOTIFY THE HEAD OF THE STUDENT CAMPUS

Please provide the information on the SARS-CoV-2 test result or having had close contact with an infected person to the head of the Student Campus akademiki@gumed.edu.pl.



TRANSFER TO AN ISOLATION ROOM

You will be transferred to a dedicated isolation room in Dormitory no. 1.



FOLLOW THE DSES GUIDELINES

Read and follow the guidelines of the District Sanitary Epidemiological Station.



www.gov.pl/web/koronawirus/pomorskie2



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Student, in case of the onset of symptoms which may indicate the SARS-CoV-2* infection



FILL OUT THE DECLARATION

Fill out the declaration of self-isolation (sample form available in Extranet).



NOTIFY THE OHS, YEAR'S SUPERVISOR AND DEAN'S OFFICE

Notify the OHS**
bhp@gumed.edu.pl
tel. no. +48 500 668 554,
your year's supervisor
and dean's office,
specific to your study programme.



CONTACT YOUR PCP

Contact your primary care physician immediately and follow his guidelines.



ARE YOU A RESIDENT OF THE DORMITORY?

Please provide the information on your current state of health to the head of the Student Campus *akademiki@gumed.edu.pl*. You will be temporarily transferred to a dedicated isolation room in Dormitory no. 2.

If you need someone to do your shopping you can contact:

- Erasmus students involved in the 'Buddy' programme
- Students from Erasmus IFMSA-Poland Gdańsk via e-mail *erasmus@gdansk.ifmsa.pl*
- English Division students via Welcome Centre *welcome@gumed.edu.pl*

*most common symptoms of COVID-19 disease: cough, fever above 37,5°C, shortness of breath, losing taste or smell

What does the Occupational Health and Safety and Fire Protection Unit do as part of preventive measures against the spread COVID-19 at the MUG?



DETERMINING THE 1st DEGREE CONTACTS

The OHS unit determines the list of people with whom the SARS-CoV-2 infected person had direct contact with.



GETHERS INFORMATION

The OHS unit gathers information and contact data of people infected with SARS-CoV-2 or those currently in quarantine.



IS NOT A DECISION-MAKING BODY, DOES NOT INTERMEDIATE

The OHS employees are not medical professionals, do not decide whether or not you should take part in classes, are not an intermediary between you and your class supervisor.

bhp@gumed.edu.pl
tel. no. +48 500 668 554

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- Students from Erasmus IFMSA-Poland Gdańsk via e-mail: erasmus@gdansk.ifmsa.pl
- English Division students via Welcome Centre welcome@gumed.edu.pl

If you need someone to do your shopping you can contact:



**ERASMUS STUDENTS
INVOLVED
IN THE 'BUDDY' PROGRAMME**



**STUDENTS
FROM ERASMUS
IFMSA-POLAND GDAŃSK**



erasmus@gdansk.ifmsa.pl



**ENGLISH DIVISION
STUDENTS
VIA WELCOME CENTRE**



welcome@gumed.edu.pl